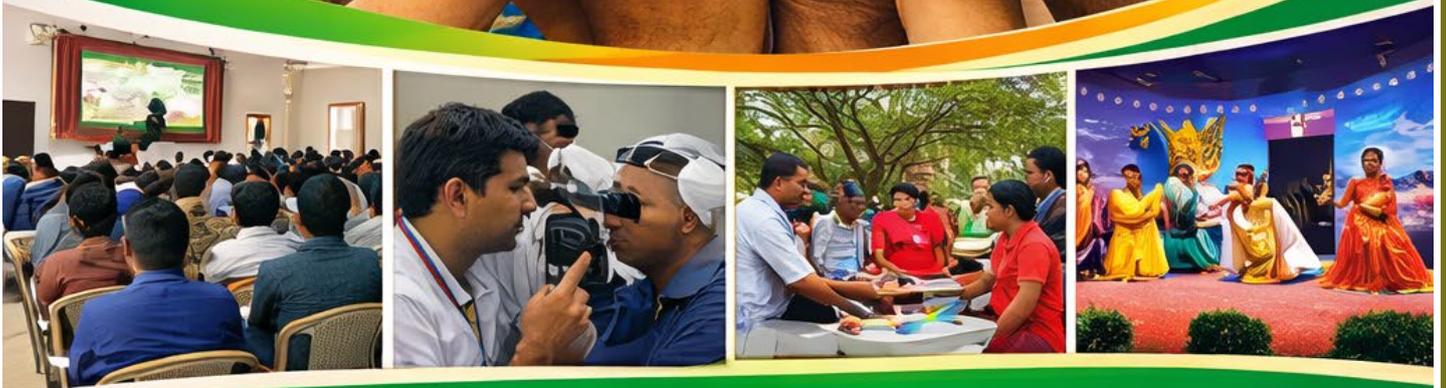




P.G. & RESEARCH DEPARTMENT OF  
**SOCIAL WORK**

SACRED HEART COLLEGE (AUTONOMOUS), TIRUPATTUR

*Newsletter*  
2025-2026



**Empowering Minds • Enriching Communities • Transforming Lives**

# P.G. & RESEARCH DEPARTMENT OF SOCIAL WORK

SACRED HEART COLLEGE (Autonomous), Tirupattur - 635 601, Tirupattur Dist., Tamil Nadu, India  
Accredited by NAAC (5<sup>th</sup> cycle – under RAF) with a CGPA of 3.53/4 at 'A++' Grade,  
Affiliated to Thiruvalluvar University



## NEWSLETTER

2025-2026



### Message from the Head of the Department & Editor-in-Chief

I am pleased to present this edition of the newsletter, which reflects the academic vitality, community engagement, and value-based initiatives of the P.G. & Research Department of Social Work. The programmes highlighted herein demonstrate our sustained commitment to experiential learning, social responsibility, and the holistic development of our students. I deeply appreciate the dedicated efforts of our faculty members, students, alumni, and collaborative partners who continually transform knowledge into meaningful social action. May these collective endeavours continue to inspire the formation of socially conscious, compassionate, and professionally competent social work practitioners.

#### Dr. C. R. Christi Anandan

Head, P.G. & Research Department of Social Work  
Sacred Heart College (Autonomous)

### Message from the Editor

This newsletter stands as a reflection of the collective energy, creativity, and commitment of our department. The initiatives documented here highlight our continuous efforts to integrate academic learning with community engagement, professional development, and social responsibility. I sincerely appreciate the contributions of our faculty, students, alumni, and partners whose dedication has made these activities meaningful and impactful. It is my hope that this newsletter not only records our journey but also inspires continued reflection, collaboration, and service toward building a more just and compassionate society.

#### Dr. Clayton Michael Fonceca

Editor  
Assistant Professor  
P.G. & Research Department of Social Work  
Sacred Heart College (Autonomous)





TO REACH THE UNREACHABLE STAR

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## NEWSLETTER 2025-2026



### INTRODUCTION TO THE NEW ACADEMIC YEAR

The academic year 2025–2026 commenced with a formal welcome ceremony held to introduce the new office bearers of the P.G. & Research Department of Social Work at Sacred Heart College (Autonomous), Tirupattur. The gathering marked a significant moment of transition and recognition within the department. Rev. Fr. J. Andrews Raja, who had served as the Head of the Department since 2021, officially stepped down from his position. Rev. Fr. Hendry Daniel Ambrose, Vice-Principal (Administration), Shift I, officially welcomed and introduced Dr. C.R. Christi Anandan as the new Head of the Department of Social Work.

### ALUMNI INTERACTION

An Alumni Interaction Session was organized on 23rd June 2025 at the department venue for second-year MSW students, featuring distinguished alumni Ms. Olive Jeba Kanmani, Ms. Alvin Rubina Mary (Executive HR and Founder, Annai Enterprise), and Ms. Sharumathi (Executive HR); the programme was formally introduced and the guests were welcomed by Dr. Clayton Michael Fonceca and Dr. C. R. Christi Anandan, who highlighted the objective of connecting academic learning with professional practice. The alumni shared rich industry insights covering talent acquisition and recruitment practices, entrepreneurship journeys, and HR roles in corporate and small-scale industries, emphasizing professional skills, adaptability, confidence, and continuous learning.



### BLOOD DONATION CAMP

A Blood Donation Camp was organized on 25th June 2025 in collaboration with the NSS Division of Sacred Heart College (Autonomous), Tirupattur, Christian Medical College (CMC) Vellore, YMCA Boys Division, Tirupattur, and the Lions Club of Tirupattur Host, with the prime objective of supporting cancer patients undergoing treatment at CMC Vellore. Key contributors included Dr. Gliff Richard and Dr. Nissy (Medical Officers, CMC Vellore), Mr. Arul (Director, Blood Bank), Lion K. Lingannan (President), Lion M. G. Chandrasekar (Secretary), Lion K. Mayakrishnan (Treasurer), Mr. Ezekiel (Secretary, YMCA), and NSS Coordinators. The camp witnessed an encouraging participation of 150 volunteers, resulting in the successful collection of 110 units of blood, marking a significant milestone of 22 years of continuous service by the department in promoting voluntary blood donation since 2004, and reinforcing the institution's enduring commitment to community service, healthcare support, and social responsibility.

### 4G – GO GREEN, GROW GREEN

A green campus initiative titled “4G – Go Green, Grow Green” was organized on 7th July 2025, from 11:30 a.m. to 5:00 p.m., in collaboration with the Lions Club of Tirupattur Host, with the objective of promoting environmental sustainability and eco-conscious student engagement. The event was graced by Lions Club office bearers Lion Mr. K. Amirthalingam (President), Lion Mr. K. Mayakrishnan (Secretary), and Lion Mr. D. Palanisamy (Treasurer), with the initiative formally inaugurated by Lion Mr. K. Amirthalingam through the symbolic planting of a banyan tree. A total of 71 MSW students and staff actively participated in structured environmental activities including tree care, cleaning, weeding, sapling plantation, kitchen garden development, and awareness creation through placards, making the programme significant in enhancing campus greenery while fostering environmental consciousness, teamwork, leadership, and social responsibility among students.

### WORKSHOP ON 5S

A Workshop on 5S was conducted commencing at 10:15 a.m. with a prayer, followed by a welcome address by Mr. Jerald Robert and ceremonial lamp lighting by Rev. Dr. D. Maria Antony Raj (Principal), Rev. Fr. Henry Daniel Ambrose (Vice Principal), Mr. Vimal Francis, Mr. R. Siva Baskar, Mr. Rajandran, Dr. C. R. Christi Anandan (Head, Department of Social Work), and Dr. Clayton Michael Fonceca (President, HR Forum). The technical sessions were led by Mr. Vimal Francis, who explained the origin and practical application of the 5S methodology through hands-on activities, Mr. R. Siva Baskar, who highlighted emerging HR trends, sustainability, and the need for focused HR professionals through upskilling and reskilling, and Mr. Rajandran, who shared industry insights on networking, interview skills, and professional discipline. The programme concluded with a vote of thanks by Mr. Rayman Silva, and was significant in enhancing the professional competence, ethical values, and career preparedness of the 162 students who actively participated in the workshop.



### DIRECTORY OF YOUTH WORK ORGANIZATIONS IN INDIA

A proud academic milestone was achieved by Sacred Heart College (Autonomous), Tirupattur, with the publication and formal release of the scholarly work *Directory of Youth Work Organizations in India* by the P.G. & Research Department of Social Work, reflecting the institution's strong commitment to social relevance and academic excellence. The book was authored and compiled by Dr. K. Arockiaraj, Assistant Professor, with key contributions from Rev. Fr. Henry Daniel Ambrose, Vice Principal, and Mr. Boniface, Research Scholar, highlighting a collaborative academic effort to document and strengthen youth work initiatives across the country. The release ceremony was graced by Dr. R. Anandakumar, I.A.S., Commissioner of Rural Development and Panchayat Raj (Training), Chennai,



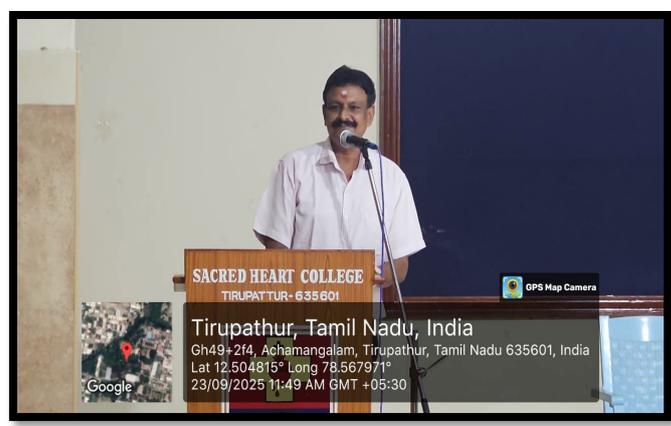
### INAUGURATION OF SOCIAL WORK EXTENSION CENTRES

An enriching programme titled “Emotional Intelligence for Development Professionals – Unlocking Emotional Strength to Lead Change in Communities” along with the Inauguration of Social Work Extension Centres was organized by the Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, on 14th July 2025 at Thanthai Periyar Hall, BISS Block, commencing at 2:00 p.m. The event began with a prayer by II MSW students, followed by a welcome address by Dr. K. Arockiaraj, Assistant Professor, and was anchored by Ms. Samanvaya D. Vincent, II MSW. The chief guest, Dr. R. Ananda Kumar, I.A.S., Commissioner of Rural Development and Panchayat Raj (Training), Tamil Nadu, was felicitated by Dr. C. R. Christi Anandan, Head, Department of Social Work, while Rev. Fr. Henry Daniel Ambrose, Vice Principal, honoured Mr. P. Nicola Prakash, State Coordinator (e-Governance) and alumnus. Dr. Ananda Kumar delivered an inspiring and highly interactive session on emotional intelligence, blending storytelling, music, skits, personal life experiences, and student interactions, emphasizing EI as a vital life skill for leadership, resilience, and community development. Following the session, four Social Work Extension Centres—HR—Talent Forge, MNP—Centre for Holistic Health and Wellbeing, YD—Centre for Positive Youth Development, and CD—Centre for Good Governance and Community Building—were formally inaugurated by the Chief Guest, with an overview of their objectives presented by Rev. Fr. J. Andrews Raja, Director of Extension Activities, highlighting the MoU with SIRD for rural development in Tirupattur district.



**JUSTICE BEGINS WITH US: OBSERVING INTERNATIONAL JUSTICE DAY**  
 An awareness programme titled “Justice Begins with Us: Observing International Justice Day through Awareness, Reflection, and Responsibility” was organized on 16th July 2025 to mark International Justice Day, with the aim of sensitizing students to justice, fairness, and human rights. The programme commenced with a warm welcome by Ms. Nisha Leonara, who emphasized the relevance of truth and equality in everyday life, followed by a theme presentation by Ms. Febina, II MSW, on the topic “*Justice Is Not Just a Law, It’s a Responsibility.*” She highlighted serious global and national issues such as genocide, war crimes, crimes against humanity, manual scavenging, violence against women and Dalits, refugee crises, and the role of the International Criminal Court (ICC) in ensuring accountability and justice.

**DESIRE TO BECOME A LEADER**  
 The Young Leaders Development Programme – Series 1.2, themed “Desire to Become a Leader,” was organized on 05th August 2025 at the Dr. Ambedkar Gallery, BISS Block. The programme aimed to nurture leadership potential among undergraduate students by fostering self-awareness, values-based leadership, and community responsibility. The sessions were led by Rev. J. Andrews Raja SDB and Dr. T. Selvam, who delivered inspiring and practical inputs emphasizing integrity, empathy, service, and purposeful leadership. The programme witnessed the active participation of over 50 undergraduate students from various disciplines, who engaged in reflective discussions on personal values, self-development, and ethical leadership. The initiative was significant in awakening leadership aspirations, strengthening communication and emotional intelligence, and motivating students to view leadership as a lifelong commitment to service, growth, and positive social change.



**INDUSTRIAL VISIT**  
 A one-day Industrial Visit was organized to Hosur on 19th September 2025 as part of the Social Work curriculum, covering Venkraft Paper Mills Pvt. Ltd – Unit 2, TVS Motor Company – Plant 9, and Camp Revive to provide practical exposure to industrial operations, HR practices, and leadership development. At Venkraft, trainees were oriented by Mrs. Janani, guided through the manufacturing process by Mr. Tamil Selvan, and interacted with Mr. Cruz, HR Manager (Alumnus) on workforce management, safety, and sustainability. At TVS Motor Company, an orientation by Ms. Asuvitha and plant visit led by Ms. Subha, HR Executive, highlighted three-wheeler production, automation, and employee welfare practices. The visit concluded at Camp Revive with experiential leadership and team-building activities facilitated by Mr. Vinoth and Mrs. Sudha (Alumna). The visit was significant in bridging theory with practice by enhancing trainees’ understanding of industrial processes, human resource management, workplace safety, teamwork, and leadership skills.

**ALUMNI ENGAGEMENT**  
 An Alumni Engagement Programme was organized by the P.G. & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, on 23rd September 2025 at Thanthai Periyar Hall, featuring a special guest lecture by its distinguished alumnus Senthamizhsudar Mr. K. Sivakumar, media professional at SUN TV Network Limited and Head, Research Division, Veils College, Chennai, from the 1984–1986 MSW batch. The programme began with a warm welcome address by Dr. C. R. Christi Anandan, Head of the Department, after which Mr. Sivakumar delivered an inspiring and highly engaging session for first- and second-year MSW students, focusing on education as empowerment, health and wellbeing, and aspiration-driven social impact, enriched with humor, personal experiences, and interactive dialogue. Emphasizing lifelong learning, self-care, and purposeful leadership, he motivated students to become compassionate professionals and agents of positive change



### Ethnic Cultural Exchange Programme

An Ethnic Cultural Exchange Programme was organized on 17th September 2025 at the BISS Block, with the objective of celebrating unity in diversity and fostering intercultural understanding among MSW students. The programme, anchored by Ms. Athia and Ms. Samanvaya Vincent (II MSW), featured a vibrant blend of cultural expressions including a Kerala-style welcome song by Fr. Stio, Ms. Anitamol Jose, and Ms. Samanvaya Vincent, traditional dances from Tamil Nadu (Oyilattam), Kerala, Assam (Jhumur), and Manipur (Thabal Chongba), along with inclusive rituals such as the Tamilian *aarathi*, fun activities, a ramp walk, and a tug-of-war competition involving students and faculty. The programme was significant in promoting intercultural competence, mutual respect, teamwork, confidence, and joyful learning, while reinforcing values of inclusivity, ethical engagement, and social cohesion. By transforming cultural celebration into experiential learning, the event strengthened community bonds within the MSW programme and highlighted the richness of India's diverse cultural heritage as a powerful tool for unity and social harmony.



### INNER CHILD HEALING PROGRAM

A Four-Day Inner Child Healing Program was organized from 11th to 14th September 2025 at Anugraha – Capuchin Institute of Counselling, Psychotherapy & Research, Nochiodaipatti, Dindigul, in collaboration with Alagappa University, and recognized by TCPCE and ISO 9001:2015, with a total participation of 50+ members, including students and faculty from the P.G. & Research Department of Social Work and Psychology, Sacred Heart College (Autonomous), Tirupattur, and other institutions. The intensive residential programme (30 CPD hours) focused on inner child healing, emotional wellbeing, and personal growth through a blend of lectures, experiential therapies, art and expressive techniques, reparenting, grief therapy, body movement, and reflective exercises, facilitated by resource persons including Fr. Sathyan, Sr. Princy, Fr. Sunder Wilson, Fr. Sahaya Raj, Fr. Sathain Innasi, and Sr. Vincy. Spread across four structured days, the programme addressed themes such as childhood wounds, bonding patterns, fear and anxiety, happiness, gender integration, emotional resilience, and self-discovery. The programme was significant in equipping participants with practical therapeutic tools, deep self-awareness, and emotional integration skills, fostering healing, resilience, and holistic personal and professional development.

### INDUSTRY-INSTITUTION PARTNERSHIP

An Industry-Institution Partnership Programme was organized on 8th August 2025 at Duroflex Industry, Kelamangalam, Hosur, in collaboration with the P.G. & Research Department of Social Work, with the active participation of 12 MSW (Aided) trainees. The visit aimed to provide experiential learning, employee engagement exposure, and professional interaction in an industrial setting. The programme featured cultural performances such as Oyil Attam by the girl trainees and Mattu Kombu Attam by the boy trainees, followed by interactive team-building activities including Tag Ball, Tug of War, and Pot Breaking, coordinated by Mr. Jerauld Robert, Mr. Riki Marshall, and Mr. Suriya, fostering camaraderie, teamwork, and stress relief among employees and students. An insightful interaction session with Mr. Vijay, Deputy General Manager-HR, Duroflex Industry, provided trainees with valuable perspectives on HR practices, employee welfare, and career opportunities for social work professionals in industrial and CSR domains. The programme was significant in strengthening industry-academia collaboration, enhancing trainees' professional skills, cultural competence, leadership qualities, and understanding of social work applications within corporate environments.



### LEADING THE SALESIAN WAY

A three-day Leadership Development Programme titled “Leading the Salesian Way” was organized by from 29th to 31st July 2025 at Mother Teresa Hall, with the active participation of 158 undergraduate and postgraduate student leaders representing various classes, associations, and student bodies. The programme was facilitated by Dr. K. Arockiaraj, Assistant Professor, P.G. & Research Department of Social Work and Director, Centre for Positive Youth Development, with support from Mr. Boniface, Ph.D. Scholar (Youth Development), and was effectively coordinated by Rev. Fr. Henry Daniel Ambrose, Vice Principal (Shift I), in collaboration with the Salesian Youth Movement. Rooted in the leadership philosophy of St. Don Bosco, the programme focused on the Salesian Preventive System of Education—Reason, Religion, and Loving Kindness, and emphasized values-based leadership, emotional intelligence, communication, teamwork, academic discipline, and service-oriented influence through interactive sessions, group activities, and reflective exercises. The programme was significant in strengthening students’ leadership competencies, self-awareness, ethical responsibility, and commitment to lead with compassion, integrity, and inclusivity, thereby nurturing socially responsible Salesian leaders for the future.



### PUSH YOURSELF

A motivational programme titled “Push Yourself” was organized on 20th June 2025 at Mary Immaculate Higher Secondary School, Tirupattur District, by the Centre for Positive Youth Development, P.G. & Research Department of Social Work, Sacred Heart College, Tirupattur, with the enthusiastic participation of 280 girl students. The session was led by Dr. K. Arockiaraj, Assistant Professor and Director of the Centre, with the objective of igniting ambition, strengthening self-belief, and empowering students to pursue purposeful and goal-oriented lives. Centered on the theme *Push Yourself*, the programme highlighted passion, perseverance, urgency, self-discipline, self-esteem, self-respect, and selflessness as essential qualities for success, supported by relatable real-life examples, including the inspirational journey of sports icon Neeraj Chopra. The interactive and reflective approach encouraged students to set high aspirations, overcome challenges with confidence, and remain resilient in the face of setbacks. The programme was significant in enhancing students’ motivation, clarity of goals, and emotional well-being, while also demonstrating the department’s strong commitment to community engagement and youth empowerment in alignment with SDGs 3 (Good Health and Well-being), 5 (Gender Equality), and 17 (Partnerships for the Goals).

### SUICIDE IDEATION AND RESILIENT MINDSET

An Awareness Programme on Suicide Ideation and Resilient Mindset was jointly organized by the Centre for Positive Youth Development, along with NSS, AICUF, and RRC, on 2nd September 2025 at MT Hall, with the active participation of about 250 students. The programme began with a welcome address by Dr. V. Madhan Kumar, followed by felicitation by Rev. Fr. S. Henry Daniel Ambrose, Vice Principal (Administration), who emphasized the importance of mental health awareness on campus. The keynote session, titled “*The Art of Building a Resilient Mind*”, was handled by Dr. K. Arockiaraj, Assistant Professor, Centre for Positive Youth Development, who sensitized students to suicide ideation, stress, and resilience by addressing the psychological roots of hopelessness, helplessness, and worthlessness, and highlighting resilience as a learnable life skill. Through interactive activities students gained practical strategies for stress management, emotional regulation, help-seeking, and positive coping. The programme concluded with a vote of thanks by Dr. G. Mohan Gandhi, NSS Programme Officer, and was significant in strengthening emotional intelligence, resilience, self-awareness, and ethical responsibility among students while fostering a supportive, stigma-free approach to mental health.



### ALUMNI ENGAGEMENT AND SPONSORSHIP INITIATIVE

An Alumni Engagement and Sponsorship Initiative was undertaken by the 2023–2025 alumni batch of the P.G. & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, on 18th October 2025 at the department premises, reflecting their continued commitment to the institution. Represented by Mr. Sanjay Rao, the alumni collectively donated 100 plates valued at ₹5,000 to support departmental infrastructure and student welfare activities. The contribution was formally received by Dr. C. R. Christi Anandan, Head, P.G. & Research Department of Social Work, and Mr. Nicola Prakash, Treasurer, Tirupattur SHC Alumni Society and Tamil Nadu State Coordinator, underscoring the strength of alumni–institution partnerships. This initiative was significant in reinforcing a culture of gratitude, social responsibility, and continuity, with the donated resources supporting future student programmes, outreach activities, and departmental functions while strengthening the enduring bond between the alumni and their alma mater.



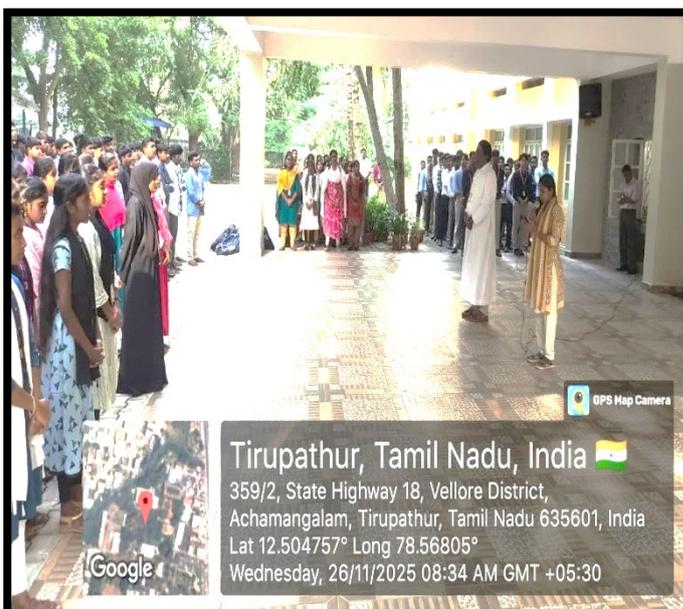
### RESUME BUILDING

A Resume Building Session was conducted by the HR Forum, P.G. & Research Department of Social Work, on 18th November 2025 at the department venue for I-year and II-year MSW students, with the objective of enhancing employability and professional readiness. The session commenced with an address by Ms. Maria Riki Marshal, Vice President, HR Forum, who highlighted the importance of a strong resume in shaping employer perception. The core training was delivered by Dr. Clayton Michael Fonceca, Assistant Professor, who provided in-depth, hands-on guidance on professional resume structure, HR-specific competencies, role-based customization, and conducted meticulous individual resume reviews, offering personalized corrections on content, formatting, grammar, and presentation. A technical input session was also handled by Mr. Nithish S., II-year MSW, who explained key resume components, skill categorization, and professional declarations. The session was significant in equipping students with polished, job-ready resumes, strengthening professional competence, communication skills, self-awareness, and documentation standards, and directly supporting employability, ethical representation, and long-term career development aligned with MSW programme outcomes.



### THE PREAMBLE OF THE CONSTITUTION OF INDIA

A collective reading of the Preamble of the Constitution of India was observed on 26th November 2025 at the BISS Block, jointly organized by the P.G. & Research Department of Social Work, Department of Social Work (HRM), Department of Psychology, and the P.G. Department of Counselling Psychology, Sacred Heart College (Autonomous), Tirupattur, as part of Constitution Day celebrations. The initiative was formally initiated by Rev. Dr. Maria Antony Raj, Principal, with the objective of instilling constitutional values and civic responsibility among students. The programme featured a brief introduction on the significance of Constitution Day, followed by the reading of the Preamble by Ms. Pavithra, II MSW, which was collectively recited by students and faculty in unison, affirming the core values of justice, liberty, equality, and fraternity. The observance was significant in strengthening constitutional awareness, democratic citizenship, social responsibility, and ethical consciousness, while aligning with Indian Knowledge Systems, Graduate Attributes, and SDGs 10 and 16, thereby reinforcing the institution's commitment to nurturing informed, responsible, and upright citizens.





### NATIONAL LEVEL WORKSHOP ON DISASTER CRISIS VOLUNTEERING

Student Participation in a National Level Workshop on Disaster Crisis Volunteering was held on 20th–21st November 2025 at the YMCA College of Physical Education, Chennai, where 15 postgraduate students from the P.G. & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, participated in a two-day programme organized by the YMCA National Council. The workshop offered practical and theoretical training in first aid, CPR, rescue operations, disaster preparedness, and youth volunteer roles, with a key highlight being a live demonstration by the Chennai Fire Service Department. Accompanied by Dr. K. Arockiaraj, the students gained essential life-saving skills, teamwork experience, and professional confidence, making the programme significant in preparing them for effective and ethical disaster response.



### EDUCATIONAL FIELD WORK STUDY TRIP TO HYDERABAD (2025)

The Educational Field Work Study Trip to Hyderabad was organized for II MSW students of Sacred Heart College (Autonomous), Tirupattur, from 30th November to 6th December 2025 as part of their academic curriculum. The trip aimed to provide experiential learning by linking classroom knowledge with real-world social work practice. The programme included academic and institutional visits to reputed organizations such as MSN Laboratories (R&D Unit), the National Institute of Rural Development and Panchayati Raj (NIRD&PR), the Centre for Good Governance (CGG), and the National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID). These visits provided students with valuable insights into pharmaceutical research, rural development, governance systems, disability empowerment, and social welfare interventions. Interactive sessions with professionals enriched students' understanding of policy implementation, ethical practice, human resource management, and inclusive development. Overall, the study trip strengthened students' professional competence, social awareness, and practical understanding of social work interventions.



### BOND BEYOND MSW

A student bonding initiative titled "Bond Beyond MSW" was held on 22nd November 2025 at Ezharuvi Temple and Bommikuppam Village to strengthen interpersonal relationships between I-year and II-year MSW students. The programme included a welcome and orientation by Dr. K. Arockiaraj, nature interaction, temple visit, outdoor games, and team activities that fostered unity, relaxation, and peer connection. Students also demonstrated leadership and cooperation through collective lunch preparation, a shared community meal, and clean-up activities, while Dr. C. R. Christi Anandan, Head of the Department, and Mr. Moieson Thairiyam encouraged teamwork, empathy, and mutual support. The get-together was significant in promoting student bonding, emotional well-being, and a positive academic culture through experiential learning and informal faculty–student engagement.

### ERADICATION OF TUBERCULOSIS (NTEP)

An awareness programme on the Eradication of Tuberculosis (NTEP) was conducted on 27th November 2025 at Thanthai Periyar Hall, in collaboration with CSRDRS, VIT Vellore, and the Directorate of Public Health and Preventive Medicine, Government of Tamil Nadu. The programme involved 84 participants, including MSW students, faculty, and external resource persons, and began with a welcome by Rev. Fr. J. Andrews Raja and thematic inputs by Dr. C. R. Christi Anandan, Head of the Department. The key technical session was handled by Mr. Mahesh, District TB Centre, Vellore, with a recap by Mr. Thangarasan, Health Educator, focusing on TB awareness, stigma reduction, diagnosis, treatment, prevention, and the goals of NTEP. The programme concluded with a vote of thanks by Dr. K. Arockia Raj and was significant in strengthening students' public health awareness, social responsibility, and preparedness for community-level health interventions aligned with SDGs 3, 10, and 17.



### INDUSTRY-INSTITUTION PARTNERSHIP

An Industry-Institution Partnership initiative was organized on 30th November 2025 at BAER Shoes India Pvt. Ltd., Ambur, where MSW students of Sacred Heart College participated as part of the company's "Stride 30" celebration, promoting cultural exchange and industry exposure. The students presented vibrant folk art performances including Parai Attam as a welcome dance for the Chief Guest from Germany, followed by Oyil Attam and Kondattam, showcasing Tamil cultural heritage and earning wide appreciation. Selected students were also taken on an industrial exposure visit to observe leather shoe manufacturing processes, global export operations, and workplace culture, guided by Mr. Rayappan, HR-Senior Executive and alumnus of the college. The initiative was significant in bridging academic learning with industrial practice, strengthening cultural competence, teamwork, professional skills, and understanding of organizational dynamics, while reinforcing the value of sustained industry-institution collaboration aligned with SDGs 4, 8, and 9.



### INTERNATIONAL HUMAN RIGHTS DAY

An International Human Rights Day awareness programme was organized on 10th December 2025 at the Main Gate of Sacred Heart College (Autonomous) by the P.G. & Research Department of Social Work to commemorate the adoption of the Universal Declaration of Human Rights (UDHR). The initiative featured a Human Rights Placard Display and a Signature Campaign, where MSW students highlighted key principles from the UDHR, Fundamental Rights of the Indian Constitution, and contemporary rights such as women's rights, child rights, disability rights, environmental rights, and the right to dignity. Students greeted the campus community, encouraged reflection, and invited peers to sign a pledge board affirming commitment to equality, freedom, justice, and human dignity. The programme was further enriched by the presence of Rev. Fr. Dr. Praveen Peter, Rector, and Rev. Fr. Dr. Maria Antony Raj, Principal, who appreciated the initiative and endorsed the campaign by signing the pledge board.



### EMPOWERING YOUNG MINDS THROUGH HUMAN RIGHTS AWARENESS

A Human Rights Day Celebration – 2025 titled "Empowering Young Minds through Human Rights Awareness" was organized by the P.G. & Research Department of Social Work (Aided), Sacred Heart College (Autonomous), Tirupattur, on 09th December 2025, from 3.00 p.m. to 4.00 p.m., at St. Charles Matriculation Higher Secondary School, Tirupattur, with the active participation of 250 school children. Conducted as part of the Human Rights Skill Paper for I MSW students, the programme aimed to create awareness on basic human rights, equality, dignity, justice, and social harmony among young learners. The programme began with Tamil Thai Vazhthu, followed by a welcome address by Dr. K. Arockiaraj, Course Teacher, and a felicitation address by Dr. C. R. Christi Anandan, Head of the Department, who emphasized the importance of practicing human rights in everyday life. The core activities included skits, mime acts, songs, and dance performances by I MSW students, highlighting key rights such as the Right to Education, Right against Discrimination, and social issues like child marriage, bonded labour, and caste-based discrimination in an age-appropriate and engaging manner. The programme was significant in promoting human rights awareness, ethical sensitivity, active citizenship, and social responsibility among school children, while also strengthening the MSW students' advocacy.





### WORKSHOP ON MARKETING AND INSTITUTIONAL SUPPORT FOR SUSTAINABLE SOCIAL ENTREPRENEURSHIP

A Workshop on Marketing and Institutional Support for Sustainable Social Entrepreneurship was organized by the P.G. & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, on 12th December 2025 from 9:15 AM to 1:15 PM at Mahatma Gandhi Hall, BISS Block, in collaboration with the Entrepreneurship Development and Innovation Institute (EDII-TN), with Mrs. S. Divya, B.Tech, District Programme Manager, EDII-TN, as the resource person; the session provided students with practical exposure to entrepreneurship by covering key aspects of costing, pricing strategies, break-even analysis, critical thinking, and innovation, along with detailed awareness on MSME schemes and institutional support systems such as NEEDS, PMEGP, PMFME, and UYEGP, while an interactive group activity on designing an age-friendly water bottle enabled students to apply user-centered innovation and problem-solving skills, making the workshop significant in strengthening entrepreneurial mindset, sustainability awareness, and readiness for social enterprise.



### WORLD BASKETBALL DAY OPEN WOMEN'S BASKETBALL TOURNAMENT

The World Basketball Day Open Women's Basketball Tournament was jointly organized by the Centre for Positive Youth Development, P.G. & Research Department of Social Work (Aided), Sacred Heart College (Autonomous), Tirupattur, in collaboration with the YMCA Boys' Division, Tirupattur, and the Tirupattur Basketball Association on 21st December 2025, to promote women's empowerment, health, and community collaboration through sports, with the event inaugurated by Dr. C. R. Christi Anandan, Head, Department of Social Work, and supported by Mr. George Bernadsha, Executive Secretary, YMCA, Mr. Ragulan, Secretary, Tirupattur Basketball Association, and Dr. K. Arockiaraj, Director, Centre for Positive Youth Development; eight women's teams from multiple districts participated enthusiastically, the tournament was efficiently coordinated by faculty, students, and YMCA volunteers, and concluded with Mary Immaculate Girls, Tirupattur District, winning the championship, highlighting the significance of sports as a powerful medium for gender equity, youth leadership, experiential learning, and social transformation.



### CHRISTMAS CELEBRATION

The Christmas Celebration 2025 was organized by the Department of Social Work on 22nd December 2025 at Thanthai Periyar Hall, celebrating the spirit of love, joy, unity, and compassion through prayer, music, dance, games, and fellowship. The programme began with a prayer song by the FOSS students, followed by a welcome address by Mr. Eujine, and was efficiently anchored by Mr. Joshva and Ms. Hanna S. Chandy. Festive highlights included Christmas songs, energetic dance performances by first- and second-year students, a soulful solo by Rev. Fr. Stio K. J., and an inspiring Christmas message by Dr. C. R. Christi Anandan, Head of the Department, emphasizing values of humility, forgiveness, and service. Recreational games, a joyful Christmas gift exchange, prize distribution, and a surprise appearance by Santa Claus added excitement and warmth to the celebration, which concluded with a vote of thanks by Mr. Harish Sharma, a group photo, and refreshments, making the event a memorable and unifying experience for students and faculty.



### PONGAL CELEBRATION

The Pongal Celebration 2026 was joyfully organized by the Department of Social Work on 12th January 2026 at the BISS Block, celebrating Tamil cultural heritage, gratitude to nature, and community living through traditional rituals, cultural performances, and folk games. The programme began with the ceremonial preparation of Pongal at noon, initiated by Dr. C. R. Christi Anandan, Head of the Department, along with faculty members and student representatives, symbolizing abundance and prosperity. The cultural programme, anchored by Ms. Padma Priya (I MSW), included a warm welcome by Ms. Hema, a harvest-themed group song by Mr. Manikandan and team, a reflective Tamil poem, energetic group dance involving faculty and students, and traditional games such as tug-of-war and Uriyadi, with enthusiastic participation from both students and faculty, including Rev. Fr. J. Andrews Raja. In his Pongal address, Dr. C. R. Christi Anandan highlighted the festival's deeper values of gratitude, humility, ecological balance, and collective responsibility, linking them to social work principles and Indian Knowledge Systems. The celebration concluded with a vote of thanks by Mr. Joshuva, followed by pooja and the sharing of Pongal with all, reinforcing values of equality, inclusiveness, cultural continuity, and community bonding, making the event a meaningful and enriching experience for students and faculty alike.



### MENTAL HEALTH AWARENESS PROGRAMME FOR BUS AND LORRY DRIVERS

The Mental Health Awareness Programme for Bus and Lorry Drivers was organized by the P.G. & Research Department of Social Work, Sacred Heart College (Autonomous), Tirupattur, on 19th January 2026 at the BISS Block as part of National Road Safety Month-2026, with the objective of promoting road safety by addressing the mental and physical well-being of drivers, during which medical screenings including blood tests and eye check-ups were conducted alongside the awareness sessions. The programme was inaugurated in the presence of Dr. Vijay Govindharaj, ENT Specialist (Chief Guest), Thiru Venkat Ragavan, Regional Transport Officer, Vaniyambadi, Thiru Murali, Motor Vehicle Inspector, Tirupattur, and Thiru Paneerselvam, and was anchored by Ms. Padma Priya (I MSW), with a welcome address by Mr. Senthil Kumar and overall leadership by Dr. C. R. Christi Anandan, Head of the Department. In the special addresses, Thiru Paneerselvam highlighted the mental stress faced by drivers due to traffic pressure and the need for strict adherence to road safety norms, Thiru Venkat Ragavan emphasized mental discipline, self-control, empathy, and stress-free driving as key factors in accident prevention, and Rev. Fr. Joe Sanjay, Department of Psychology, stressed the importance of forgiveness, reduced mobile phone usage, physical exercise, meditation, gratitude, and prayer for maintaining psychological well-being. The programme was significant in recognizing drivers as essential service providers and equipping them with practical strategies to manage stress, improve concentration, and enhance both mental health and road safety.

# OUR FACULTY

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Dr. Christi Anandan C R  
(Head & Associate Professor)



Rev. Fr. Andrews Raja J  
(Assistant Professor)



Dr. Arockiaraj K  
(Assistant Professor)



Dr. Clayton Michael Fonceca  
(Assistant Professor)



Rev. Fr. Henry Daniel Ambrose S  
(Assistant Professor)



Dr. Selvam T  
(Assistant Professor)



Mr. Moieeson Thairiyam D  
(Assistant Professor)



Ms. Preethi M  
(Assistant Professor)

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Helping for Poor Child And Family





# Reach Out To Us



P.G. & Research Department of Social Work Sacred Heart College  
(Autonomous), Tirupattur - 635 601,  
Tamil Nadu, India

## Our Departmental Strengths

- ✓ Government Aided Department
- ✓ 47 Years of Excellence in Social Work Education
- ✓ 100% Placements
- ✓ Experienced Faculty with Four Specializations (HRM, CD, YD, M&P)
- ✓ Extensive Fieldwork and Vibrant Community Engagement
- ✓ Strong Alumni Network and Professional Affiliations



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